

# DEMENTIA BASICS

## SESSION DATES AND TIMES

**The Science of Dementia**

**Part 1 and 2**

**May 24 & 31, 2017 / 1 p.m. – 3 p.m.**

**Management of Symptoms and Behaviours**

**Part 1 and 2**

**June 7 & 14, 2017/ 1 p.m. – 3 p.m.**

**The Informal Caregiving Factor**

**June 21, 2017/ 1 p.m. – 3 p.m.**

**Research, Prevention and Looking Ahead**

**June 28, 2017/ 1 p.m. – 3 p.m.**

## WHERE

**Perley and Rideau Veterans' Health Centre**

**Games room, 2nd floor**

**1750 Russell Rd, Ottawa, ON K1G 5Z6**

## REGISTRATION

**[www.alzheimerottawa.ca](http://www.alzheimerottawa.ca)**

**613-523-4004**

## WHAT IS THE PROGRAM

**A six- part public education program intended to provide a primer on Alzheimer and other dementias. Recommended for friends, family, and informal or formal caregivers of people with dementia as well as individuals with a diagnosis of dementia, students or other interested people.**

## HOW DOES IT WORK?

**The Dementia Basics program consists of six 2 –hour sessions.**

**A certificate of completion will be provided to anyone who attends all six sessions.**